

## **Asian-Inspired Chop Salad**

### **Ingredients for Salad:**

3 cups iceberg lettuce, thinly sliced  
3 cups red cabbage, thinly sliced  
2 cups shredded carrots  
1 medium red yellow pepper, diced  
1 cup sugar snap peas  
3 green onions, chopped  
½ red onion, chopped  
1 tbsp cilantro, chopped  
1 tbsp sesame seeds (optional toasted)  
½ cup raw cashews  
1 avocado, cubed  
Season with salt and pepper to taste.  
Top with shrimp or protein of choice.

### **Optional toppings:**

Edamame  
Won ton strips

Mix all salad ingredients together.

### **Ingredients for Dressing:**

2 tbsp peanut butter  
2 tbsp soy sauce  
2 tbsp high quality EVOO  
2 tbsp rice vinegar  
1 garlic clove, minced

### **Optional additions:**

1 tablespoon sriracha  
1 pinch fresh ginger

Drizzle dressing and salad and enjoy!